EFFECT OF SUPPLEMENTED VERSUS NUTRITIONALLY INDUCED PROGESTERONE ON CONCEPTION RATE IN MODERATE YIELDING DAIRY COWS

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ABSTRACT

The present study included two experiments, the first experiment aimed to test if direct supplementation of P4 during post insemination period together with GnRH treatment on day 11 post insemination (PI) improve conception rate or not. The second experiment aimed to test whether peri-insemination feeding on fatty acids supplemented feed could improve conception rate or not. Cows in experiment 1 (n= 96) were fed on the basal diet (B) and randomly allotted into 3 groups vz: G1B (n=34) whereas cows received intravaginal insertion of CIDR (controlled internal drug release device) on Day 1 PI whereas Day 0 was the day of insemination plus single I/M injection of GnRHa (0.02 mg buserelin, Receptal) on Day 11 PI. The second group G2B (n=30) received the same treatment regime of G1B plus 2 injections of 250mg of progesterone (Cidolut-Depot) on Days 1 and 3 PI. The 3rd group (G3B, control n=32) received no treatments. The results of the present study showed a decrease in the conception rate in both G1B and G2B although there was a significant increase in the serum P4 concentration on Day 3 and 8 PI compared with the control. In contrast there was a significent increase (P<0.01) in the CR in cows fed fatty acids supplemented feed compared with the control (75 vs 62.5%). It could be concluded that one of the beneficial effects of peribreeding feeding cows on fatty acids supplemented feed is enhancing endogenous progesterone secretion which is being better than direct exogenous progesterone supplementation in improving conception rate in moderate yielding dairy cows.
INTRODUCTION

Reproductive performance of dairy cows reared under modern intensive breeding systems has declined as indicated by a decrease in the CR (Washburn et al., 2002 and Maillo et al., 2013) and increase in the services per conception (Jorritsma et al., 2000 and Aungier et al., 2014). The causes of low conception rate are multifactorial amongst which is low progesterone concentration during early post-breeding period (Crowe et al., 2014). Serum progesterone concentration during early pregnancy is critical for embryo / conceptus survival (McNeill et al., 2006 and Villarroel et al., 2004); development (Shams-Esfanabadi, and Shirazi 2006; Wiltbank et al., 2006 and Green et al., 2010) and growth (Thatcher et al., 2001; Carter et al., 2008; Beltmana et al., 2009 and Maillo et al., 2013). Cows failed to conceive had low progesterone concentration during early post-breeding interval between days: 10 and 16 (Henrick et al., 1971); 1-6 (Parr et al., 1993); 3 and 8 (Mann and Lamming, 1999) and 4-7 (Mann and Lamming, 2006). Early post-breeding progesterone supplementation resulted in increased pregnancy rate (Mann and Lamming, 2006) from 35% to 48% (Sandra et al., 2007). Early post-breeding serum progesterone concentration could be increased either by exogenous administration of progesterone (Cleeff et al., 1991 and Mann and Lamming et al., 1999) or inducing ovulation of a dominant follicle using GnRH or hCG with subsequent formation of an accessory CL (Lo´pez-Gatius et al., 2004 and Bartolome et al., 2005) or both together (Villarroel et al., 2004). Progesterone was directly
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administrated via short-term insertion of CIDR (Carter et al., 2008; Sandra et al., 2007; Basa, 2014 and Maillo et al., 2013) or injection of progesterone on Days 1 to 4 (Starbuck et al., 1999) or both together (Macmillan et al., 1986; Stevenson and Mee, 1991). Feeding on diets supplemented with fatty acids especially polysaturated types (PUFA) plays a vital role in improving cows fertility (Sklan et al., 1994 and Childs et al., 2008) through increasing conception rate (Son et al., 1996; Garcia-Bojalil et al., 1998; Mattos et al., 2004 and Staples et al., 1998). The PUFA produced their beneficial effect on the conception rate by increasing serum P4 concentration through two ways, the first is elevating the serum level of its precursor, cholesterol, (Grummer and Carroll, 1991; Bonnette et al., 2001 and Silvestre et al., 2011) and the second is omega-3 fatty acids, linolenic acid which compete with the arachidonic acid for binding sites of a key enzyme, cyclo-oxygenase, which is necessary for the synthesis of PGF2α thus reducing PGF2α secretion (Mattos et al., 2003 and Mattos et al., 2004) leading to maintenance of CL. In cattle, 40% of conception loss occurs in the period from day 8 to 16 of pregnancy (Thatcher et al., 1993). Because a substantial proportion of this loss may be attributed to inadequate circulating P4 concentration (Carter et al., 2008 and Beltmana et al., 2009), the present work was designed to study the effect of administration of progesterone during post-insemination period together with GnRH on Day 11 post-insemination in comparison with peri-insemination feeding fatty acids-supplemented diet on subsequent conception rate.
MATERIALS AND METHODS

II.1. Animals and management:

The selected cyclic cows were 3.2 ±1.2 years old, had a body weight of (means ±SD) 520 ± 27 Kg and a body condition score of 3.1 ± 0.4 (on 5 point scale 1= thin and 5 obese, (Wildman et al., 1982). Animals were in 2nd to 4th lactation and producing 22Kg/daily per cow of 3.5 fat corrected milk. Cows were milked twice daily and production was measured for individual cows once monthly. The cows were fed on basal diet (B) and fatty acids (F) supplemented diets (Table 1 and 2) to meet the requirements of maintenance and milk production according to NRC (2001).

Table (1): Formulation of basal and experimental diets on DM basis%

<table>
<thead>
<tr>
<th>Feed ingredients</th>
<th>Basal diet</th>
<th>Experimental diet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corn</td>
<td>30.21%</td>
<td>28.7 %</td>
</tr>
<tr>
<td>Soy</td>
<td>17.0%</td>
<td>7.0 %</td>
</tr>
<tr>
<td>Mix pro</td>
<td>14.12 %</td>
<td></td>
</tr>
<tr>
<td>Corn silage</td>
<td>23.98%</td>
<td>22.77%</td>
</tr>
<tr>
<td>Hay</td>
<td>28.77%</td>
<td>27.44 %</td>
</tr>
<tr>
<td>Vitamins and Minerals</td>
<td>0.04%</td>
<td>0.07%</td>
</tr>
<tr>
<td>CP</td>
<td>15.8 %</td>
<td>15.6 %</td>
</tr>
<tr>
<td>TDN</td>
<td>68 %</td>
<td>71 %</td>
</tr>
<tr>
<td>NFC</td>
<td>41.4 %</td>
<td>39.3 %</td>
</tr>
<tr>
<td>NDF</td>
<td>34.2 %</td>
<td>34.5 %</td>
</tr>
<tr>
<td>NEL</td>
<td>1.59 Mcal/kg</td>
<td>1.68 Mcal/kg</td>
</tr>
</tbody>
</table>

Table (2): Composition of linseed Mix-Pro.

<table>
<thead>
<tr>
<th>Fatty Acids</th>
<th>Mix Pro Relative % of the total identified fatty acid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Myristic Acid(14:0)</td>
<td>0.21</td>
</tr>
<tr>
<td>Palmitic Acid (16:0)</td>
<td>12.41</td>
</tr>
<tr>
<td>Palmitoleic Acid (16:1.9)</td>
<td>0.25</td>
</tr>
<tr>
<td>Stearic (18:0)</td>
<td>5.64</td>
</tr>
<tr>
<td>Oleic Acid (18:1. 9c)</td>
<td>23.67</td>
</tr>
<tr>
<td>Linoleic Acid (18:2, 9,12 all cis)</td>
<td>26.76</td>
</tr>
<tr>
<td>Conjugated Linoleic Acid “CLA” (18:2, 9-cis, 11-trans,)</td>
<td>2.70</td>
</tr>
<tr>
<td>&amp;-Eleostearic Acid (18:3, 9 cis,11trans, 13 trans)</td>
<td>0.22</td>
</tr>
<tr>
<td>Gondoic acid (20:1, 11cis)</td>
<td>0.17</td>
</tr>
</tbody>
</table>

Mix-Pro. Was manufactured by Kemit (www.Kemit.net), Sadat City- Industrial Zone No. 6th. Tel:+20482630193/4, the Mix-Pro product is formulated from 40 % Linseed Meal, 30 % Soybean meal and 30 % Cotton seed meal.
They were kept indoors throughout the year in yards where 50% of the yard was sheltered and the animals had free access water. The animals had normal calving and puerperium as has been declared from herd records. They were free from infectious diseases during the course of the experiment and also vaccinated against FMD and lumby skin diseases.

II.2. Experimental design:

II.2.1. Experiment 1:

Cyclic 112 cows were assigned on the basis of feeding basal diet (GB, n=96) or fatty acids-supplemented diet (GF, n=16). The cows in the main group, GB, were allotted into 3 subgroups viz: G1B (n=34), G2B (n=30) and G3B (n=32). Cows in G1B were administrated progesterone via intravaginal insertion of controlled internal drug release device (EAZI- BEED, CIDR, Pfizer Animal Health) for 9 days beginning from Day 1 post-insemination (Villarroel et al., 2004) where Day 0 was the day of insemination. The cows also received single I/M injection of GnRHa (0.02mg Buserelin, 5ml Receptal, Intervet international GmbH-Germany) on Day 11/ post-insemination (Willard et al., 2003). Cows in G2B received the same treatment regime given to G1B plus two I/M injections of 250 mg progesterone (Cidolut-Depot, each amp. contains 250mg progesterone carried on oily vehicle, Chemical Industries Development "CID"-Giza-A.R.E) on Days 1 and 3 post-insemination. Cows in G3B (Control group, n=32) received no treatments.
II.2.2. Experiment 2:

Sixteen cyclic cows received fatty acids supplemented feed (Tables 1& 2) for 26 days before and during 11 days left between two PGF2α (Cloprostenol sodium, 500 mcg present in two ml Estrumate, Schering-Plough Animal Health) I/M injections for synchronization of estrus. Thus the total pre-breeding period of feeding on fatty acids supplemented diet including 5 days (estrous induction period after PGF2α injection) was 42 and continued thereafter. However 3 cows failed to show estrous signs following 2nd PGF2α injection. Accordingly the number of animals in this group (GF) became 16. The cows in GF continued to receive the experimental diet after insemination till drying period. However cows in G3B (control group in the first exp.) fed on the basal diet were considered a control group for the second experiment.

II.3. Reproductive managements:

II.3.1. Estrous detection and Breeding:

Cows in exp. 1 (G1B, G2B and G3B) and in exp. 2 (GF) were observed during 5 days following 2nd PGF2α injection for estrous signs in the induced estrous. Cows expressing mounting activities with vaginal mucous discharge coming from the vulva and seen in standing heat were inseminated 12 hrs. after onset of estrous phase (Pursley et al., 1997).

II.3.2. Pregnancy diagnosis:

Cows were rectally palpated on Day 42 post-insemination for pregnancy diagnosis. Conception rate was calculated by dividing the number of conceived cows on the total number of inseminated cows.
III. Blood sampling:

Blood samples were collected from jugular vein on Days 1, 3, 8 and 17 post-insemination from cows in both experiments where day 0 was the day of insemination. Blood samples were transferred on ice to the laboratory where they were centrifuged at 2000xg for 20 minutes at 4°C. The harvested serum was stored at -20°C until analysis.

IV. Assays:

IV.1. Progesterone assay:

Serum progesterone concentrations were determined by radioimmunoassay according to the P4 kits producers instructions. The sensitivity of P4 assay was 0.2 ng/ml. The intra and inter assay coefficient of variation for 3 assays were 8.1% and 7.9% respectively (Lo’pez-Gatius, et al., 2007).

IV.2. Serum cholesterol:

The total cholesterol concentration was determined using enzymatic colorometric and point method as has been described by Siedel et al., (1985).

V. Statistical Analysis:

The statistical analysis was made according to SAS (2004). The serum concentration of progesterone and cholesterol were presented as mean ± SDM. Chi-square test was used to compare conception rate between each of experimental groups and control group as well as among all groups. The t-test was used to compared serum concentrations of progesterone, cholesterol between each of experimental groups and control group. At the same time analysis of variance (ANOVA) was used to compare among all groups including control in relation to serum concentrations of P4, cholesterol.
RESULTS

III.I. Comparison of conception rate among different treatment groups:

There was a significant (p < 0.01) variation among conception rates in different treatments groups with highest incidence in GF group (12/16/, 75%) and lowest in G1B (2/34, 5.9%). Also the conception rate showed significant (p < 0.01) increase in GF compared with control (G3B, 20/32, 62.5%) and each of G1B (2/34, 5.9%) and G2B (2/30, 6.7%). Moreover, the conception rate in the G3B showed a significant (p < 0.01) increase compared with either of G1B and G2B.

Table (3): Conception rate in different treatment groups.

<table>
<thead>
<tr>
<th>Groups</th>
<th>Total number</th>
<th>Conceived</th>
<th>Non-conceived</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>%</td>
<td>Number</td>
</tr>
<tr>
<td>G1B</td>
<td>34</td>
<td>2</td>
<td>5.9</td>
</tr>
<tr>
<td>G2B</td>
<td>30</td>
<td>2</td>
<td>6.70</td>
</tr>
<tr>
<td>GF</td>
<td>16</td>
<td>12</td>
<td>75</td>
</tr>
<tr>
<td>G3B</td>
<td>32</td>
<td>20</td>
<td>62.5</td>
</tr>
</tbody>
</table>

Chi² = 9.37 *** = Significant at (P < 0.01)

The groups G1B and G2B are related to first experiment.

The group GF is related to 2nd experiment.

G3B is a control group for the groups in both 1st and 2nd experiments.

II.2. Comparison of serum progesterone profiles on post-insemination days 1, 3, 8 and 17 in different groups:

The serum progesterone concentration on Day 1 PI showed significant (p < 0.01) increase in GF compared with other treatments groups. On Day 3 PI, there was significant (p < 0.01) decrease in The serum progesterone concentration in G3B compared with each of G1B or G2B or GF. The serum progesterone concentration showed significant (p < 0.01) increase in G2B Vs G1B; G1B Vs G3B and G3B Vs GF on Day 8 PI. On Day 17 PI, while the highest serum progesterone concentration was
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Table (4): Mean ± SD of Serum progesterone profile at different post insemination (PI) days in different groups.

<table>
<thead>
<tr>
<th>Days post-insemination (PI)</th>
<th>G1B</th>
<th>G2B</th>
<th>GF</th>
<th>G3B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day-1</td>
<td>0.76±0.43c</td>
<td>0.88±0.36c</td>
<td>1.35±0.07a</td>
<td>1.11±0.49b</td>
</tr>
<tr>
<td>Day-3</td>
<td>1.70±0.77a</td>
<td>1.75±0.37a</td>
<td>1.64±0.12a</td>
<td>1.43±0.47b</td>
</tr>
<tr>
<td>Day-8</td>
<td>2.69±0.46b</td>
<td>2.87±0.55a</td>
<td>1.98±0.26d</td>
<td>2.13±0.48c</td>
</tr>
<tr>
<td>Day-17</td>
<td>2.03±1.08c</td>
<td>2.30±1.10b</td>
<td>3.90±1.63a</td>
<td>2.90±1.23b</td>
</tr>
</tbody>
</table>

Means within the same row of different letters are significantly different at (p < 0.01).

The groups G1B and G2B are related to first experiment.

The group GF is related to 2nd experiment.

G3B is a control group for the groups in both 1st and 2nd experiments.

III. Comparison of blood cholesterol among different treatment groups on PI Days 1 and 3.

The serum cholesterol levels on Day 1 showed significant (p < 0.01) variation among treated groups with highest level in GF (373.67±35.92 mg/dl) and lowest level in G3B (130.33 ± 7.77 mg/dl). The recorded levels in G2Band G1B were (154.00 ± 24.27) and 143.33±36.12 mg/dl, respectively.

On PI Day 3, it was noted that although there was significant (p < 0.01) increase in GF group compared with all groups, there was non-significant variation between G1B and G2B. However the serum cholesterol level on Day 3 showed significant (p < 0.01) increase in either of G1 or G2B compared with G3B.

Table (5): Serum cholesterol concentration in different treatment groups at different periods.

<table>
<thead>
<tr>
<th>Post-insemination Day (PI)</th>
<th>Treatment groups</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>G1B</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; Day</td>
<td>143.33±36.12&lt;sup&gt;d&lt;/sup&gt;</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Day</td>
<td>143.33±31.07&lt;sup&gt;d&lt;/sup&gt;</td>
</tr>
</tbody>
</table>

Means within the same column of different litters are significantly different at (p < 0.01).

The groups G1B and G2B are related to first experiment.

The group GF is related to 2nd experiment.

G3B is a control group for the groups in both 1st and 2nd experiments.

**DISCUSSION**

In contrast to what expected, the results of the present study showed a decrease in the conception rate in CIDR- GnRH treated group in spite CIDR application on Day 1 PI resulted in significant increase in the serum P4 concentration on Day 3 and 8 PI compared with the control. These results agree in part with that of *Starbuck et al., (2001)* who reported that too low and too high P4 concentrations on Days 5, 6, 7, PI were associated with reduced embryo survival. *Mann and Lamming, (1999)* attributed the decreased CR following CIDR insertion and removal to the fact that the early rise in P4 (2<sup>nd</sup> day of estrous cycle) following CIDR insertion may activate precious secretion of PGF2α resulting in shortening of the estrous cycle leading to failure of conception, and the time the delayed recovery of endogenous P4 by CL in response to increasing LH levels creates agape of low P4 that may threat pregnancy maintenance. In the same respect, *Diaz et al., (1998)* *and Binelli et al., (2001)* reported that the transient decrease in the P4 concentration following CIDR removal stimulate a hormonal situation.
similar to that occurring during the late of estrous cycle in cyclic cows whereas the decreased P4 levels results in increased development of oxytocin receptors with subsequent secretion of PGF2α leading to luteolysis of CL and pregnancy loss. Regarding the effect of high P4 level during PI period on the embryonic development, Kerbler et al., (1997) reported that post-breeding P4 supplementation reduces blastocyst rate. They reported that the detrimental effect of P4 supplementation was reversed by P4-antagonist, Ru-486, suggesting a role for P4 receptors in reducing such detrimental effect of increased P4 level. In the same respect, Carter et al., (2008) found that higher post-breeding P4 level increased α-inhibin Production by cumulus-oocyte complex which may reduce embryonic development after cleavage. Furthermore, the reduced endometrial thickness induced by elevated serum P4 (Souza et al., 2011) represented another detrimental effect of P4 on the uterus reducing embryonic development. Based on the hypothesis of the current work, further supplementation of P4 by I/M injection on Days 1 and 3 PI aiming to achieve a higher serum concentration of P4 in believe that it may achieve more better results in CR in G2B, the results also proved the reverse of our expectation. Matching the conception rates with serum P4 concentrations on Days 1, 3, 8 and 17 PI in CIDR- GnRH treated (G1B); CIDR-GnRH plus P4 injections (G2B) and control (G3B) revealed that the CR is closely related to higher serum P4 on Days 1 and 17 rather on Days 3 and 8 PI. These results suggest that the beneficial effect of increasing PI serum P4 is related to early rise. However the rise in the postovulatory P4 concentration seems to improve CR through improving oocyte quality (Wiltbank et al., 2012) or enhancing growth through inducing changes in the endometrium rather than direct effect on the embryo itself (Bridges et
al., 2013). Also Wiltbank et al., (2006) reported that P4 supplementation during postovulatory rise not in the early luteal phase increased embryo and IFN tau production. Furthermore, increasing PI serum P4 concentration by inserting CIDR after AI increased P4 concentration by 0.7 ng/ml and CR from 35% to 48% (Sandra et al., 2007) by overcoming the sensitivity of P4 receptors (Leory et al., 2008). Which ensure the beneficial effect of the P4 rise in the first PI day over the delayed rise on Days 3 and 8 is the higher CR in the control group compared with G1 and G2 in spite of the supplementation of P4 resulted in significant increase in P4 concentration in these 2 groups compared with control group on Days 3 and 8. Unlike direct P4 supplementation in the first experiment that might result in hormonal disturbances at the level of pituitary LH as sudden withdrawal of P4 source results in a gape of P4 during the recovery of LH or at the level of endometrial PGF2α as sudden withdrawal of P4 results in development of oxytocin receptors with subsequent of PGF2α secretion and pregnancy loss, feeding on fatty acids supplemented feed would keep P4 secretion with normal physiological levels and within proper time necessary for the success of conception. However the results of the current study this time came in accordance with the proposed hypothesis where there was a significant increase (P<0.01) in the CR in cows kept on fatty acids supplemented feed compared with the control (75 vs 62.5%). Such increase in the CR may be attributed to the significant increase in the serum P4 concentration on Day 1 PI as the situation in the control compared to G1B and G2B in the first experiment. However the significant increase in the serum P4 on Day 1 in cows fed fatty acid supplemented feed may be attributed to the significant increase in the serum cholesterol concentration (373.67±35.92 vs 130.33 ± 7.77 in control) induced by
feeding on the feed rich in PUFAs (linoleic and lenolenic acids). This explanation came in agreement with Childs et al., (2008) who reported that higher fertility in cattle fed diets enriched with PUFAs may be associated with increased circulating concentration of P4 in the luteal phase both before and after artificial insemination. They added that diets enriched with fatty acids significantly increased the concentration of cholesterol, the precursor, of synthesis of P4 by CL. Bonnette et al., (2001) in the same respect reported that addition of fats to dairy and beef diets have been shown to increase plasma cholesterol. Also Haag, (2001) concluded that polyunsaturated fatty acids (PUFAs) are precursors of cholesterol which is an accident to progesterone synthesized by CL. The benefits of feeding on fatty acids supplemented diet in increasing CR was not only restricted to increasing PI serum P4 concentration but also it had another beneficial effects. One of these beneficial effects was that pre-breeding feeding may be attributed to increasing size of the preovulatory follicle (Beam and Buttler, 1997 and Jenkins, 2004) and its steriodogenic ability (Coyne et al., 2008). Another beneficial effect was that feeding of fatty acids enriched diets reduces the endometrial secretion of PGF2α and reducing sensitivity of CL to PGF2α thus prolong functional life span of CL and allow it to increase P4 concentration and CR (Staples et al., 1998). Mattos et al., (2000) reported that feeding on PUFA increases herd pregnancy rates through blocking natural release of PGF2α that occurs from day 17 to 19 of estrous cycle in case of small embryos unable to signal the uterus and prevent natural luteolysis. Linolenic acid (precursor of PGF2α) competes for binding sites of a key enzyme, cyclooxygenase-2 (PGHS-2) which is necessary for synthesis of PGF2α by the endometrium resulting in increased CR (Mattos et al., 2003 and Mattos et al., 2004).
It could be concluded that amongst beneficial effects of peri-breeding feeding cows on fatty acids supplemented feed is enhancing endogenous progesterone secretion which is being better than direct exogenous progesterone supplementation in improving conception rate.

REFERENCES


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تأثير إعطاء البروجيستيرون مقارنة بنظام تغذية يحفز إنتاجه داخلياً على نسبة العشار في الأبقار متوسطة الإدرار

اشتملت هذه الدراسة على تجريبيين. هدفت التجربة الأولى إلى دراسة تأثيرات إعطاء البروجيستيرون (GnRH) في اليوم الحادي عشر بعد التلقيح على نسبة العشار في الأبقار متوسطة الإدرار. بينما هدفت التجربة الثانية إلى احداث زيادة في أفزار البروجيستيرون بواسطة الجسم الأصفر عن طريق تغذية الإبار على علية مزودة بإعطاء دهنيه وكذلك المقارنة بين نسبة العشار ومستوى هرمون البروجيستيرون في كلا التجريبيين. غذى الأبقار (عدد = 92) في التجربة الأولى على العلية الضابطة وقسمت إلى ثلاث مجموعات: الأولى (G1B عدد = 34) وقد تم إعطاء البروجيستيرون في هذه المجموعة عبر الميل من خلال وضع السيدة لمدة 9 أيام بدأ من اليوم الثاني بعد التلقيح حيث كان اليوم صفره يوم التلقيح بالإضافة إلى حقن 5مللي رهيبثيال (الهرمون المنصف للحالة الهرمونية) في اليوم الحادي عشر وقد تم معاملة المجموعة الثانية (عدد = 30) بنفس نظام علاج المجموعه الأولى بالإضافة إلى حقن البروجيستيرون بجرعة 50مللي جرام لكل بقرة عند اليومن الأول والثاني وقديت كيونات المجموعة الثالثة (عدد = 32) بدون معامله كمجموعة ضابطة. غذى الأبقار في التجربة الثانية (عدد = 16) على العلية المزودة بالإحماض الدهن بين 42 يوماً قبل التلقيح (26 قبل المعامله + 11 يوماً بين حقيقة البروجستيرون + 5 أيام بعد حقن البروجستيرون) ثم استمرت التغذية على هذه العلية حتى الولاده.

تم تجميع عينات سيرم عند الأيام 8 و17 بعد التلقيح لقياس مستوى هرمون البروجستيرون والكوليسترول (الان الام 3,1), بينما هذه الدراسة نقص معنوي في نسبة العشار في المجموعه G2B, G1B مقارنة بالجماعه الضابطة بينما كانت هناك زيادة معنوي (P < 0,01) في نسبة العشار في الإبار التي غذى على العلية المزوده بالإحماض الدهن مقارنة بالجماعه الضابطة. لوحظ وجود زيادة معنوي في مستوى هرمون البروجستيرون في اليوم الأول في كل من المجموعه الضابطة (G3B) و مجموعة التغذية (G3F) مقارنة بالجماعه G2B, G1B نقص معنوي في نسبة العشار في الإبار المزود بالدهنيه، وهما بالطبع الأفضل من الاعطاء الخارجي للبروجيستيرون لتحسين نسبة العشار في الأبقار متوسطة الإدرار.